

SCHEDULE

10:00AM **keynote** **GET OUTSIDE, MORE** 

10:30AM **session** **ADVENTURE RACING 101** 

11:15AM **session** **INFIELD BIKE REPAIR** 

12:00PM **BREAK/LUNCH**

1:00PM **session** **ORIENTEERING** 

1:45PM **session** **PADDLING TECHNIQUE** 

2:30PM **session** **BIKEPACKING 101** 

3:15PM **session** **PHOTO UPGRADES** 

4:00PM **session** **MTB SKILLS** 

5:00PM **session** **NAVIGATION &** 

IN THE DARK 

6:15PM **BREAK/DINNER**

7:30PM **session** **MOVE BETTER** 

8:00PM **session** **ULTRA TOUGH & STAY UNBREAKABLE**  

8:30PM **session** **ASK AN EXPERT** 

Presented By

KENTUCKY STATE PARKS

EXPLORE THE KENTUCKY INITIATIVE

DINO. Do Indiana Off-road

Aqua-Bound

OVEJA NEGRA

Move Better Orthopedic Massage

KENTUCKY WATERMAN SERIES

Interstate Park

ATHENA ADVENTURES

Upland Brewing Co.

KYMBA

AR COOPERATIVE

Mike's Hike and Bike

noxgear

RoadID

Team Foot Kinetics

Rain Everywhere RunCo

Next Opportunity Events

ZANFEL

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361° ADVENTURES